



November 7, 2009
oases breakfast

The Transformative Power of Imaginary Journeys

Dr Eva Ruland

Journeying is an age-old tool for gaining insight, healing, and transformation of consciousness. Originally only used by shamans, today journeying is accessible to many via guided imagery. Through this method we can accelerate insights, encourage visions, transform deep-seated beliefs and induce healing, all at tremendous speed.

Eva's academic interests include transpersonal psychology, other ways of knowing, and the evolution of consciousness. Her dissertation was a Jungian analysis of the Valentinian Creation Myth as a mirror of the development of personality. Her paper *The Transformative Power of Imaginary Journeys* will be published in spring 2010.

Dr. Eva Ruland is a life coach [Coaching for a Purposeful Life/ Berkeley, CA; www.evaruland.com] with a PhD in East-West Psychology from California Institute of Integral Studies CIIS, San Francisco.

Come and be inspired and challenged!

Saturday November 7
9am breakfast
Cost \$25, \$15 con.
Bookings:
Ph. 9819 3239 or
9819 3502

Venue
Augustine Centre
2 Minona Street,
Hawthorn
www.augustine.org.au
ph. 9819 2844



oases Learning Community
www.oases.edu.au

Oases breakfasts 09 – 2010

May 2	Yoland Wadsworth	<i>Living systems theory: How can inquiry bring life?</i>
June 6	John Spooner	<i>Professional Stirrer – Political cartoonist for The Age</i>
July 4	Dr. Cristina Neesham	<i>Human and Social Progress</i>
August 1	Geoff Berry (Monash)	<i>Shamanism in Indigenous Cultures and in Relation to Modern Urban Life and Ecology</i>
Sept 5	Annual oases dinner in the evening	<i>no breakfast this month!</i>
October 3	Dr. Roozbeh Malekzadeh	<i>Music Poetry</i>
Nov 7	Dr. Eva Ruland	<i>The Transformative Power of Imaginary Journeys</i>
Dec 5	World Parliament of Religions plus oases program.	<i>no breakfast this month!</i>
Feb. 5, 2010	Gandhi event oases participants	<i>Participants share of their experience in the oases graduate program</i>
March 9	Jan Allen	<i>Creativity and presence in everyday moments</i>

* While dates will remain the same, occasionally the speakers will be subject to change!

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