

**Follow Your Bliss:**

**RENEW & RE-CENTER YOURSELF  
THROUGH COLLAGE**

Collage-making is a fun way of contemplating who you are and of creating a visual representation of who you want to become. The collage stays with you as a guide and a reminder.

Consider a collage workshop as a precious and individual gift — lovely gift certificates available

2 - 5:30pm | \$68 | \$62 each for 2+ people\*



Come and delve into the powerful world of imagery.

Oakland and Point Richmond Locations

www.evaruland.com | eva@webkunst.com | 510.644.1566



**Eva Ruland, PhD**, is a co-active life coach. She has helped people create happier lives both in Europe and in the United States. Prior to becoming a life coach, Eva has been an acclaimed fashion designer in Berlin and web designer in Berkeley, CA. She holds an MS in theoretical engineering and a Ph.D. in East-West-Psychology.

Make check out to Eva Ruland. Send to **Coaching for a Purposeful Life, 1332 Burnett St., Berkeley, CA94702**

- April 19, 2009
- June 14, 2009
- Sep 20, 2009

- 1 person; I enclose \$68
- 2 people; I enclose \$124

- Please send me ... Collage Workshop gift certificates I enclose \$68/ gift certificate.

.....  
name

.....  
address

.....  
city / zip code

.....  
email address

.....  
phone number

**Workshop Registration**

Eva Ruland  
Coaching for a Purposeful Life  
1332 Burnett St.  
Berkeley, CA 94702